

SCHEDULE

WDFPF World Powerlifting Championships 2019

25th, 26th & 27th October Halle (Saale), Germany

Friday, 25th October

<i>Pre-Registration athletes & Congress</i>	
from 19:00	Pre-registration athletes
from 19:30	Registration of WDFPF nations
from 20:00	Begin Congress <i>Adress:</i> Sporthalle Brandberge Kreuzvorwerk 06120 Halle (Saale) Germany

Saturday, 26th October

<i>Women (all weight classes) / unequipped & equipped</i>	
07:00 to 08:00	Registration / Weighing/ Equipment Check (optional) / Rack-Height
08:00 to 08:30	Re-Weighing

<i>Men up to 82,5 kg / unequipped & equipped</i>	
07:15 to 08:15	Registration / Weighing/ Equipment Check (optional) / Rack-Height aller Teilnehmer des Tages
08:15 to 08:45	Re-Weighing

1st group <i>Women (all weight classes)</i>	
Start: 10:00 Uhr	Squat
from ~ 13:30	Bench
from ~ 15:00	Deadlift
from ~ 18:00	Awards Ceremony

2dn group <i>Men up to 82,5 kg</i>	
from ~ 17:30	Squat
from ~ 18:45	Bench
from ~ 20:00	Deadlift
from ~ 22:00	Awards Ceremony

Sunday, 27th October

<i>Men over 82,5 kg (including -90 kg class) / unequipped & equipped</i>	
07:00 to 08:00	Registration / Weighing/ Equipment Check (optional) / Rack-Height
08:00 to 08:30	Re-Weighing
Start: 10:00	Squat
from ~ 11:30	Bench
from ~ 13:00	Deadlift
from ~ 15:00	Awards Ceremony

Attention! Changes regarding the timetables mentioned above are possible at any time and at short notice, if this is necessary for organizational reasons! Delays in the competition are always to be expected.

The mentioned period of registration and weighing of the groups is binding for all athletes!

Please appear on time for registration. Anyone who has not registered within the first hour of weighing loses his right to start!

It is impossible that athletes who start on Sunday already complete the weighing on Saturday.

Bring your identity card or driver's license for identification!

Flights and platform will be announced after the weighing.